

STEPS TO TAKE IF YOUR CHILD IS SICK, HAS BEEN DIAGNOSED WITH COVID-19, OR HAS BEEN EXPOSED TO A POSITIVE COVID-19 CASE

WHAT TO DO IF YOUR CHILD IS SICK:

If your child isn't feeling well, KEEP THEM AT HOME.

If your child is showing any of these symptoms of COVID-19, please keep them home from school:

fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea

AND:

Report the absence to your child's school.

YOUR CHILD CAN RETURN TO SCHOOL WHEN:

1. Their symptoms improve.
2. They are fever free without the use of fever-reducing medications for 24 hours.

WHAT TO DO IF YOUR CHILD IS EXPOSED TO A POSITIVE COVID-19 CASE OUTSIDE OF SCHOOL:

Lebanon City Schools is following the new guidelines released by the CDC for exposures happening **OUTSIDE** of the school setting:

1. Fill out the reporting [form online](#). Lebanon City Schools' COVID nurse or contact tracer will contact you to explain next steps.

2. IF VACCINES ARE UP TO DATE: (fully vaccinated and/or received a booster) Student must wear a mask for 10 days to school. Testing is recommended on day 5 but not required.

IF VACCINES ARE NOT UP TO DATE: (not vaccinated, or only has the first series of a two-series dose, or has not received a booster) Student must quarantine at home for 5 days and wear a mask to school the following 5 days. Testing on day 5 is recommended but is not required.

IF SYMPTOMS DEVELOP, STAY HOME.

WHAT TO DO IF YOUR CHILD TESTS POSITIVE FOR COVID-19:

Regardless of vaccination status, if your child tests positive for COVID-19:

1. Report the absence to your child's school.
2. Fill out the reporting [form online](#). Lebanon City Schools' COVID nurse or contact tracer will contact you to explain next steps.
3. Your child is required to STAY HOME for 5 days and stay away from others as much as possible.

YOUR CHILD CAN RETURN TO SCHOOL WHEN:

1. If your child is fever-free without the use of fever-reducing medications and their symptoms are improving, on day 6 they may return to school. They must wear a mask to school for the following 5 days.
2. If they have a fever or other symptoms on day 6, they must stay home until their fever is gone and other symptoms are better. Once they return to school they must wear a mask for the following 5 days.
3. A negative COVID-19 test is not required for your child to return to school.

WHAT TO DO IF YOUR CHILD IS EXPOSED TO A POSITIVE COVID-19 CASE AT SCHOOL:

You will receive a phone call from the school district.

The MASK TO STAY/TEST TO PLAY option applies. More information about this option be found on our website.

MASK TO STAY: Students may remain in class if they wear a mask for 10 days following exposure, monitor for symptoms, and isolate and test if they start to experience symptoms. Testing on day 5 is recommended, but not required.

TEST TO PLAY: Follow the Mask to Stay guidelines when at school, in addition, mask when able while participating in extracurricular activities, test the day you are notified you were exposed, and test on day 5 after exposure.

IF SYMPTOMS DEVELOP, STAY HOME.



**GO ONLINE FOR MORE INFORMATION:
WWW.LEBANONSCHOOLS.ORG**

Click on the banner at the very top of the page that says 'COVID INFORMATION'

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